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Metro's daily coast-to-coast election series connects young urban Canadians with the issues they care about the most

READY TO ENGAGE



SAEID Why can't I afford a home?



JERILYNN This election is for Mother Earth.



KEVIN Talk to me, don't tweet at me.

PHOTOS: ROSEMARY WESTWOOD/METRO

Starting today, until the election, we will explore:

- **ABORIGINAL VOICE**
- **EQUAL PAY**
- **EMPOWERED CITIES**
- **A GREEN FUTURE**
- **THE ARTS**
- **GENERATIONAL EQUALITY**
- **THE CHANCE TO SUCCEED**
- **AND MORE, PG. 8**

PLUS Rosemary Westwood travels the country meeting voters **FIRST UP: Saeid Fard in Vancouver**

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Making books as important as food is program's priority

EDUCATION

Calgary Reads gives parents kids' lit with Food Bank items

 **Helen Pike**
Metro | Calgary

A group of Calgarians are trying to get people to think about books the same way most think about food.

You wouldn't go a day without eating, so Calgary Reads has teamed up with the Calgary Food Bank to get families feeding young bodies and minds at the same time with a new program.

The initiative takes gently used books for children and brings them to the food bank where families who are stopping in for food can also have an opportunity to pick up some books to beef up their home library.

Calgary Reads also brought a literacy coach on site to help

families understand the importance of reading to children.

Keoma Duce, development co-ordinator at the Calgary Food Bank, said it's amazing to see families interacting with the books at their facility.

"They're so excited at the opportunity to have the written word in their hand," Duce said. "To have something like that, it can be really treasured."

"It's so great to see the looks on their faces."

Duce added having more than just food — a one-stop-shop atmosphere — to offer families is "huge" and also helps showcase organizations in Calgary working together to bring services.

"We've been doing a lot of research into statistics surrounding book access, and children who have ready access and own their own books — there's a correlation to their reading success," said Steacy Collyer, executive director of Calgary Reads.

Collyer added if a family struggles to feed their children, books aren't always a priority, but she wants people to connect the importance of literacy to the importance of food.

"Books aren't a basic need like food is, unless you work at Calgary Reads and think it is," said Collyer. "Far too many people are forgetting what positive outcomes come your way when you actually commit to education and commit to being a reader."



Families are given books as well as literature on the importance of literacy when they pick out items for their home libraries from the Food Bank. CONTRIBUTED

WAYS TO HELP

Calgary Reads is accepting donations for new or nearly new children's books at 105 – 12 Avenue SE. The group is also looking for permanent storage space to help expand the program.

IN BRIEF

Foul play suspected after body found in burning car

The RCMP is investigating a potential homicide after a body was discovered in a burnt car near Airdrie early Friday morning.

Police and local fire department were called to the scene of the fire.

Investigators with the Major Crimes unit said late Saturday they now suspect homicide. Police aren't releasing the sex of the victim. An autopsy is planned for this week. METRO

Inner-city ATV rollover sends two to hospital

Two women were injured after being thrown from an ATV while riding in an alley in the city's southwest.

Calgary EMS responded to reports of a collision between an ATV and a small car in an alleyway near 10 Avenue and 18 Street SW just after midnight Sunday.

Upon arrival EMS found two women in their 20s who were injured.

They were assessed on scene and taken to Foothills Medical Centre. One of the women suffered potentially life-threatening injuries and was taken to hospital.

An initial investigation by the Calgary police shows that the pair were on the ATV, it clipped the car and the ATV rolled.

According to EMS the women were thrown two to three metres and weren't wearing helmets. The person in the small car wasn't injured. METRO



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WORD ON THE STREET

Best memory from this summer?



“

Watching the aurora from my friend's balcony. It was super cool. We sat out there for four hours.

Sadie Lang, 19

“
When I went to Banff. It was my first trip there, with a few friends, so we enjoyed it.

Amandeep Singh,
22



“

Going to Drumheller and Sylvan Lake. Our daughter had a nice day seeing dinosaurs, bones, and swimming.

Ed Giuliani, 36



Calgary's Forest Lawn Lift Station takes an unassuming look by day, but on Sept. 26 it will be lit up by night to reveal the wastewater system below. JENNIFER FRIESEN/FOR METRO

Art to shed light on city's underground

FOREST LAWN

Map of pipes connected to lift station will be displayed

Jennifer Friesen
For Metro

It may look like an average utility shed by day, but the Forest Lawn Lift Station will soon take on a new face by night.

With the community of For-

est Lawn expected to continue growing, the new lift station will not only provide increased sanitary capacity, but will reveal a portion of Calgary's 4,500-kilometre wastewater system through a light display.

The Forest Lawn Lift Station is a part of the WATERSHED+ program, which places artists in Utility and Environmental Protection (UEP) core activities and the Calgary watershed.

The City of Calgary Culture and the UEP will light up the lift station on Sept. 26 as a combination of public art and infrastructure.

"Despite (the lift station's) vital role in our day-to-day, few people notice these usually nondescript buildings or understand their importance," said Chris Huston, manager of Field Services, Water Services.

"The Forest Lawn Lift Station helps us reveal what's happening underground in an exciting way that makes us think about how we're connected to the bigger picture."

Through the perforated metal encasing of the structure, LED lighting will show an exact, scale map of the underground pipes connected to the

station, revealing water flow in real time as the lights change colour.

"The only thing you typically see are these sheds with a plaque that says 'Lift Station' and you have no idea what's happening inside," said WATERSHED+ lead artist Sans Façon.

"There's something very beautiful about exposing some of that system and helping us understand how we're all connected, while celebrating the infrastructure that makes it possible to live in an urban setting."

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Ronald McDonald House racing toward \$275K goal

ROCK THE RUN

Runners and families turn out for annual fundraiser

Krista Sylvester
For Metro | Calgary

They walked, they ran and they rocked — one of the biggest fundraisers for the Ronald McDonald House took over Market Mall parking lot Sunday for the ninth annual Rock the Run fundraiser.

Hundreds of runners and families took advantage of the sunny weather for the 5-km/10-km walk and run in an effort to beat last year's total of \$275,000 raised, according to Ronald McDonald House director of development Denise Meade.

"It's a really important fundraising effort for the house, which of course provides shelter for families whose children are receiving critical medical treatment at the city's hospitals," she said. "It's really amazing to see all of the wonderful people here supporting this important cause because it really makes a difference as one of our largest fundraisers."

For some families it's a bittersweet day — they'd rather not have to be resi-



Monica Schiwy and Carla Shierman get into the spirit of the Ronald McDonald run Sunday, finishing the five-kilometre race in just over 30 minutes. KRISTA SYLVESTER/FOR METRO

143

Number of families who stayed at the house in 2014

\$196

The amount it costs to house a family per night

\$225,000

The amount raised as of Sunday morning

dents of the Ronald McDonald House but they're relieved to see the community support. The Osman family has been

staying at the centre for the past six months while their one-year-old daughter receives treatment.

"It's a little bit overwhelming almost — we see the money being raised and we know it's going to go back

into the house where people need it," mother Becky Osman said. "It's meant so much to us — it's our home away from home and it's great to see the community come together for something that is so important to so many people."

The Ronald McDonald House will continue to accept donations and pledges for the next week to meet their \$275,000 goal.

IN BRIEF

Terry Fox Run raises more than \$119,000

The 2015 Terry Fox Run drew more than 1,800 runners to the Telus Spark on Sunday morning. As of mid-afternoon, the Calgary group had raised over \$119,000 for the Terry Fox Foundation. Several Olympians were on hand, including 2014 Paralympian Michelle Salt, who lost her leg in a 2011 motorcycle accident. Salt competed in the Snowboard Cross at the 2014 Winter Paralympics.

METRO

Paramedics cycle for fallen colleagues

A group of 30 cyclists ended a three-day journey in Banff on Sunday afternoon. The Paramedic Ride began in Jasper on Friday morning. The cyclists made the trip in honour of the 39 Canadian Paramedics who lost their lives in the line of duty since 1988. The group was also raising money to construct a National Paramedic Memorial Monument in Ottawa, Ont.

METRO

AIDS Walk held

The 2015 Scotiabank AIDS Walk for Life at Eau Claire Plaza on Sunday morning saw participants walking 3 km through Prince's Island Park before returning for lunch and live entertainment. The walk was done in partnership with the Canadian AIDS Society and HIV Community Link based in Calgary.

METRO

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'A constant cycle of revelation'

EDUCATION

Two Calgary teachers get hands-on about learning



Aaron Chattha
Metro | Calgary

Two Calgary teachers are redefining the power of hands-on learning in the classroom.

Jeremy Lang has turned the old industrial arts program at Tom Baines Junior High into a maker space that includes metal working, robotics, electronics and 3D designing.

Brian Simmons is a Grade 5 math and science teacher at Twelve Mile Coulee School, and has been getting his students more involved by having them come up with their own designs for real-world projects.

Together, the teachers are creating their own online community, called Design, Make, Learn, to share their ideas and experiences. It's online at dmlca.weebly.com.



Teachers Jeremy Lang and Brian Simmons were at Maker Faire Calgary this year, inviting attendees to join their online maker community, where they share and talk about experiences teaching. LUCIE EDWARDSON/METRO

For example, last year, Simmons noticed a new Kindergarten to Grade 4 School going up in the neighbourhood, and had students design their own version of it. Students learned to create

surveys, analyze first-hand and second-hand data and reach out to local experts.

"(The goal) was to design something that would meet the needs of a public space like a school,

but still be comfortable and welcoming to the kids who are going to be in it for six hours a day," he said.

He said experiences like that not only give students a deeper

understanding of classroom concepts, but also opens up their imaginations.

Lang gives his students basic instruction on the tools, and then lets them design and

The thoughtfulness of the kids, when you ask them to solve a problem for somebody else, is astounding.

Brian Simmons

build their own projects.

"I've had some students in my space that, you know, might not have the best track record at school, but then all of a sudden they show up after school to get that extra bit of help," he explained, adding his students were imbued with a sense of confidence.

Simmons recalled a previous project asking his students to design water filtration systems for school's in third-world countries.

"Maybe they weren't practical, but the depth, the thought and the intention behind it was so powerful," he said. "I've had kids figure out refraction and reflection on their own just by trying to create alarm systems. It's just a constant cycle of revelation."

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HUDSON'S BAY



READY TO ENGAGE

Metro's coast to coast daily election series connects young, urban Canadians to the issues they care about

'I don't know what Canada stands for anymore'



ROSEMARY WESTWOOD
in Vancouver

Probably the only thing hotter than Vancouver's housing market is the ire of those it's burned.

They made headlines all summer long: the exodus of young professionals to other cities; the #donthave1million campaigners; the agitators of Generation Squeeze.

But Vancouverite Saeid Fard is "not super hopeful" that the four people campaigning to be the next prime minister care. As election issues go, housing affordability is hardly even on the periphery.

Fard, a 29-year-old president of a tech company, is an accidental activist. Just six months ago, he penned a blog post on the exorbitant cost of homes in Vancouver, the impact of foreign ownership, "the erosion of communities and the long-term viability of Vancouver's economy."

He'd just been to a few open houses, hoping to buy a detached home. He came

back incredulous, and worried. "If I can't afford to enter this market reasonably, who can? I'm doing pretty well."

The post racked up 180,000 views in a few weeks. He wrote a follow-up column for the Globe and Mail. Fard "struck a nerve" with the young and middle class, but garnered little election traction.

Fard is unimpressed both by Stephen Harper's pledge to gather data on foreign ownership (why not just do it now?) and the NDP's housing strategy (it's focused on the lower income rental housing, not the buying power of the middle class).

The problem for politicians is that in order to bring house prices down, homeowners will need to lose equity. For all Fard's passionate call to action, he still calls that "political suicide."

Since no party is meeting his housing needs, Fard is falling back on secondary concerns to cast his vote: namely, climate change and taxation.

For someone who believes

in traditional conservative principles, he's leaning towards an unlikely party.

He likes their carbon-tax proposal, and finds their economic policy similar to the Conservatives. He's not sure if that's a so-called wasted vote in his riding, but he might not care.

The current government's economic policy is short-sighted, he said — too focused on big business, rich people and resource industries, not focused enough on building a diversified economy and a strong tech sector.

The Conservatives rhetoric also misses the mark.

"All this ISIS and terrorism business. It just screams pandering and populism and preying on fear," Fard says.

Fard thinks Canada has fallen from a role as a global leader on human rights, the environment and peacekeeping. "I don't know what Canada stands for anymore," he says.

Rosemary Westwood is travelling across the country talking to young voters. Tomorrow: Jerilynn Webster in Vancouver.



VOTER PROFILE

Name: Saeid Fard **Age:** 29 **Riding:** Vancouver Quadra
His issues: Housing affordability, climate change, taxation

Young voters waiting to be found

STUDY

Millennials seeing limited exposure to ads, pollsters

Luke Simcoe
Metro | Toronto

Emily Jackson
Metro | Vancouver

Federal politicians are not good at making contact with young people. We know this.

A recent study by Samara Research found that while 75 per cent of Canadians over the age of 56 recalled being contacted by a federal leader, MP or candidate in the past year, only 55 per cent of those between 18 and 29 could say the same.

Vancouver-based nutritionist Mandy King is one millennial



NDP candidate Olivia Chow talks to a woman outside a public transit station in Toronto on Sept. 18. STEVEN GOETZ/METRO

who hasn't heard from a politician this election period. Not a single candidate has come into her building to knock on her door or deliver flyers, so her exposure to political advertising has been limited to lawn signs.

"I don't feel like I'm their target market at all," she said. "I feel very confused about who I'm going to vote for."

Urban planner Mitchell Reardon, 30, shares her frustration.

He too lives in an apartment without a landline or a TV. The only person who's knocked on his door so far was with advocacy group Leadnow to inform him he was in a swing riding.

"I haven't even heard from a pollster," Reardon said. "I get a sense that most of the parties haven't been particularly interested in trying to reach us."

The politicians themselves point out that there are practical challenges to keeping track of young would-be voters, many of whom live in downtown ridings: They often don't have landlines, and are therefore all but invisible to pollsters. They tend to move a lot. Some are students without permanent addresses

who forward their mail to Mom and Dad's house.

Liberal candidate Adam Vaughan likes to refer to his Toronto riding of Spadina-Fort York, which is chock full of condo towers, as "the tallest riding in Canada." He says campaigning in such a dense, urban riding can be challenging.

As a result, Vaughan tries to "meet voters where they are." In a riding where fewer constituents own cars, that means canvassing in front of public transit stations or on street corners next to bicycle lanes.

Vaughan even knows the average condo in the riding has seven dogs per floor, so he spends a lot of time in dog parks.

Nearby, former MuchMusic VJ Jennifer Hollett is running for the NDP in University-Rosedale. As its name implies, the riding contains the University of Toronto, and much of Hollett's time has been spent signing up new voters who just arrived in the area.

Hollett is also one of the more active candidates on social media.

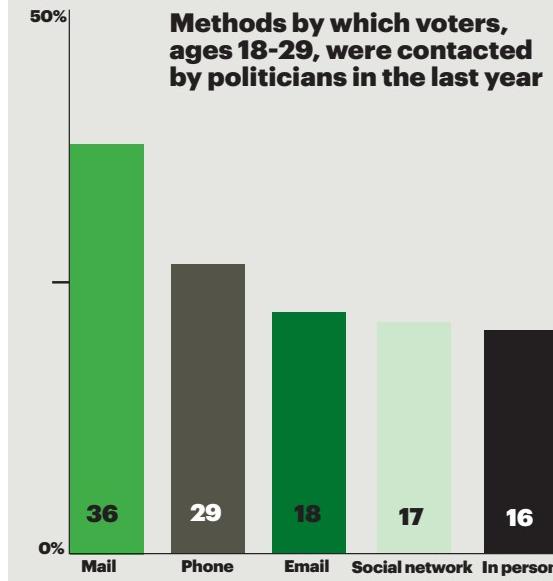
"It was my 40th birthday the other day, and in amongst all the birthday greetings on Facebook there was someone asking for a lawn sign," she said.

BY THE NUMBERS

Absent from the doorstep

According to a recent report by Samara Research, of the 55 per cent of Canadians between the ages of 18 and 29 who reported having been contacted by a federal politician in the last year, only 16 were contacted in person, which research has shown is the most effective method of increasing voter participation.

Methods by which voters, ages 18-29, were contacted by politicians in the last year



I get a sense that most of the parties haven't been particularly interested in trying to reach us.

Mitchell Reardon, 30, downtown Vancouver resident



The Calgary Steampunk Assemblage's Mike Johnson, left, and Andy Anderson stand by their 2015 entry in the Beakerhead Catharsis Catapult Competition. Teams launched items in the hope of scoring points in categories such as distance, hang time and team spirit.

BRODIE THOMAS/METRO

Catapult builders aim for creativity

FORT CALGARY

Beakerhead competition draws artists and engineers

Brodie Thomas
Metro | Calgary

It's probably not the most efficient way to make a pot of tea.

Load two tea bags into a projectile tube. Then launch the tube via a wooden catapult at the teapot.

Ambitious? Yes. But that was the aim of the Calgary Steampunk Assemblage as they competed in the Beakerhead Catharsis Catapult Com-

petition.

Team captain Mike Johnson said it was the group's second year in the event.

Minutes before the competition got underway at Fort Calgary, the team appeared to fire up a boiler attached to the wood and brass catapult. Johnson admitted the steam was actually from dry ice.

"If they would let us use a steam engine, we would," he said.

The catapult parked next to the Steampunkers had ammunition that might pair nicely with a cup of tea. The University of Calgary's Team TESLA was attempting to launch a pie at a plywood target painted up with a clown face.

Team member Abdul Alnoaimi said their catapult — technically a ballista — was

built at the Scouts Canada 18th Group shop. They named their device the "Cub Launcher" in honour of their scouting sponsors.

Alnoaimi's team had a plan to game the rules of the competition. Each group was judged on the hang time and distance of each projectile it launched. While other teams tried adding parachutes to their ammunition, the engineering students planned to launch a helium balloon as their third and final attempt.

Alnoaimi said the hands-on challenge of designing and building a catapult helped the students take their skills outside the classroom.

"When we come across a challenge, it's not a problem. It's just another thing we have to fix," he said.

TRAFFIC SAFETY

Friends, family mourn teen following fatal Friday crash

Friends and family are mourning the death of 16-year-old Nick Paswisty, who has been identified as the victim of a crash in Erin Woods on Friday.

A weekend vigil was held for the Jack James High School student. Mourners left flowers, pictures and cards at a makeshift memorial at Erin Woods Boulevard and Erin Dale Crescent S.E., where the pedestrian was struck by a vehicle driven by a 30-year-old Calgary woman.

Friends and family are sharing their condolences on Face-

book, where they are remembering the teen as a "beautiful soul" who could make people laugh.

A Go Fund Me account has been set up to help the family with funeral expenses.

Police are still investigating the crash but say speed and alcohol were not factors — although poor visibility due to the sun might be.

They are asking anyone who may have witnessed the accident to reach out to investigators at 403-266-1234.



Nick Paswisty FACEBOOK

We're all in this together

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Fifteen-year-old Colette Benko managed to raise \$9,000, netting her a top-fundraiser award at Calaway Park on Sunday. AARON CHATHA/METRO

Teen pays it forward to children's hospital

HEALTH

Former cancer patient recognized for fundraising

 **Aaron Chatha**
Metro | Calgary

Last year, Colette Benko was diagnosed with cancer.

After competing a series of treatments at the Alberta Children's Hospital, Benko — now 15 — was inspired to raise money for the organization that cared for her. She managed to raise \$9,000, winning her an award for top fundraiser at the Kids Helping Kids celebration on Sunday.

"I feel that the hospital is such a key part of our city, and it helps a lot of families," she said. "It's done so much for me, and it's done so much for other kids I know, that I feel it's a good cause."

"I was diagnosed with cancer last year, and they helped me through chemo, radiation and four surgeries," Benko said. "They really took care of me and made sure I was getting the best treatment, the best care. I had all the opportunities I could."

In honour of her doctors and her care team, Benko set up a personal page and asked friends and family to donate — and they turned out in droves. Benko was the top fundraiser in her age group among 500 kids who helped raise money for the Alberta Children's Hospital Foundation this year.

Collectively, they raised more than \$488,000. In the



Year after year, these kids prove that every dollar can add up to something incredible.

Karen Radford

six years since the program started, they have raised \$1.88 million.

"Year after year, these kids prove that every dollar can add up to something incredible," said Karen Radford, director of the Alberta Children's Hospital Foundation Board.

"Seeing them set that bar higher and higher each year is truly inspiring, and we feel so proud to celebrate them today."

For Benko, her fundraising is to give those kids the support they need: "I want to make sure everybody can have the chance I had to get better."

90K

About 90,000 kids rely on the care of the Alberta Children's Hospital each year.

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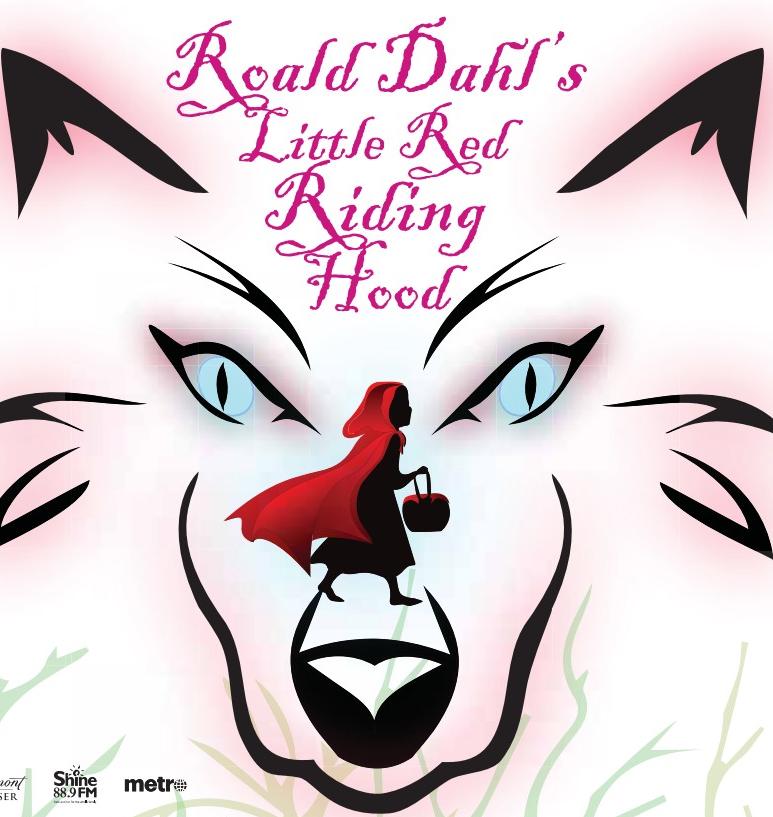


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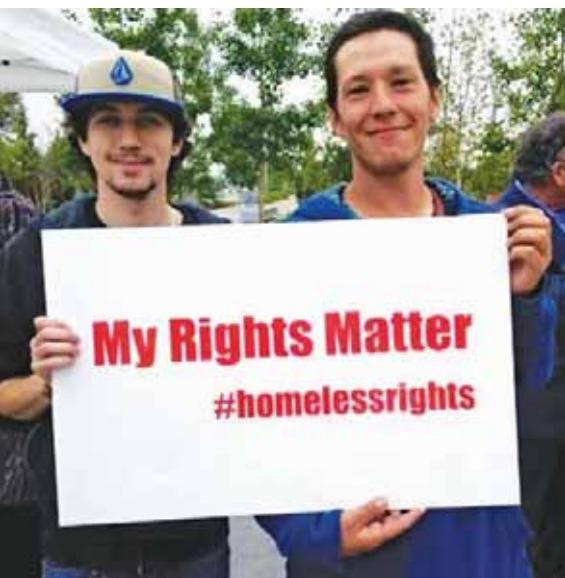
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Hayden (left) and Randy, who have asked Metro not use their last names, are on the Client Action Committee at the Calgary Homeless Foundation.

COURTESY CALGARY HOMELESS FOUNDATION

Voting from down and out

DEMOCRACY

Drop-in centre prepares street community for election

Helen Pike
Metro | Calgary

As election campaigns appeal to students, families and seniors, one group of Calgarians is doing what they can to mobilize the vote in their own community.

"We live in Canada, it's a democracy," said Adam Huebert, a volunteer at the Calgary Drop-In and Rehabilitation Centre (DI). He has been mobilizing the vote in his community with weekly practice elections. "For people who do vote it's a step forward for them, back into the regular world."

On Monday, the Calgary Homeless Foundation is hosting a mock election with mock-up polling stations at the Calgary Drop-In and Rehabilitation Centre (DI), YWCA Mary Dover

House, Alpha House and The Alex. From 2 to 6 p.m., Monday, they will give homeless folks the information they need to register and vote at the proper polling stations for the Oct. 19 federal election.

Huebert said this year changes are allowing the homeless to register and go through the voting process more easily by getting a letter of residence.

The event at the DI Monday will even bring candidates to the shelter in hopes of rallying more interest.

"A lot of people are pretty hesitant about it. A lot of people just think they don't have the ID for it, they live here and their voice doesn't matter," Huebert said. "With the candidates coming out and everything, it really shows them that their voices do matter. We've got 1,200 voices in this building."

A spokesperson from the Calgary Homeless Foundation told Metro there are a number of election issues that could directly affect the transient and homeless population — including affordable housing issues.

TRUTH
CALGARIANS CARRY THE HIGHEST LEVEL OF HOUSEHOLD DEBT IN CANADA

HIGH RIVER

Flushed goldfish threaten ecosystem

There's something fishy about the storm water ponds in a town in southern Alberta.

The town of High River says anywhere between 35 and 100 domestic goldfish have been spotted in the forebays of the storm pond system of Highwood Lake.

It's asking people who can't care for their fish anymore to contact pet shops or veterinarians.

Senior fish biologist Craig

Mushens, who's working with the town to fix the problem, says the fish are an invasive species.

The goldfish are also known as Prussian carp, and Mushens says they out-compete native species for food and habitat and spread diseases, as well as spread from one body of water to another.

Releasing live fish into Alberta water bodies is illegal and the fines can be as high as \$100,000.

"It is extremely costly and

difficult to try and manage, contain and destroy them once they have become established," Mushens said on the town's website.

High River, in partnership with a contractor, is working with the provincial invasive species specialist and has screened off the forebays to stop the goldfish from getting into larger ponds or the Highwood River.

In June, Alberta Environment and Parks announced a

campaign asking people to stop flushing live fish down the toilet.

Alberta Environment's website says koi and goldfish can survive the province's climate and can grow to be very large.

They have no natural predators in Alberta, the website says.

"If you catch a Prussian carp while angling, please kill it and either take it home to eat or properly dispose of the carcass," the department advises.

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Greens play a legal game

 ELECTION 2015

Party files CRA complaint in bid to get May at Munk table

The federal Greens have filed a complaint with the Canada Revenue Agency in a last-minute bid to use the law to get their leader into an election debate later this month.

The Munk debate takes place one week from Monday and yet again Elizabeth May won't be on the stage with Stephen Harper, Tom Mulcair and Justin Trudeau.

To get her on the panel with the other leaders, the party has filed a complaint with the CRA saying the debate format violates the agency's policies that put limits on the political activities of charities.

The Aurea Foundation, a registered charity with the CRA, is helping fund the Munk debate on foreign policy.

The Greens argue that ex-



The Green Party is trying to secure its leader, Elizabeth May, a seat at the Munk Debate. CHAD HIPOLITO/THE CANADIAN PRESS

cluding May from the debate has put the foundation in violation of the Income Tax Act.

The law says it's illegal for a charity to directly or indirectly support or oppose a political party and are calling on the CRA to conduct an immediate audit of the charity's activities.

The party says it will withdraw the complaint if May is invited to the debate.

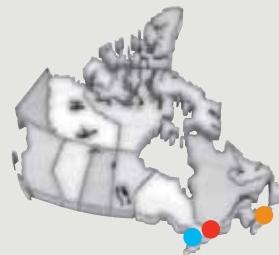
Munk debate organizers, the Aurea Foundation and the CRA could not be reached for comment Sunday.

In the letter sent to the CRA, party executive Emily McMillan writes that May was excluded from the debate because organizers only wanted to have the leaders of parties recognized as such under the Parliament of Canada Act.

With only two seats in the



WHERE THE LEADERS ARE MONDAY



- **Stephen Harper** will be in St. Jacobs, Ont.

- **Justin Trudeau** will be in Toronto and Ottawa.

- **Tom Mulcair** will be on the East Coast: in Charlottetown and Dartmouth, N.S.

Elizabeth May's itinerary was unavailable.

Commons, the Greens don't have party status. But McMillan argues there is nothing in the Parliament of Canada Act to limit the meaning of "political party" that would "justify the exclusion of Ms. May from the debate."

The effect of not including Ms. May is to diminish the standing of the Green Party of Canada in the mind of the electorate, which amounts to an indirect opposition to the Green party," she wrote.

"The way that the Aurea Foundation is organizing the debate constitutes, we submit, support for the political

parties whose leaders are being permitted to participate in the debate."

Similar letters signed by a party lawyer were delivered to the venue, Roy Thomson Hall in Toronto, the broadcaster, CPAC, and Munk debate organizers, the Greens said.

May was not invited to take part in a debate on the economy last Thursday organized by The Globe and Mail. Instead, she tweeted her responses and delivered her own zingers to an online audience via Twitter.

THE CANADIAN PRESS

HALIFAX

End of watch for Erik

A retirement party like no other was held at the Maritime Museum of the Atlantic in Halifax on Sunday for one beloved, furry crew member, Erik the Red.

The little orange cat has been an RCO, or Rodent Control Officer, on the CSS Acadia at the museum since wandering onto the ship in 1999.

His job description is what you might expect: "dispatching of rodentia" below deck, according to Stephen Read, the Acadia's ship-keeper.

"Occasionally ... he would leave a little bit of the choice bits (of his kill) in the bottom of a shoe just to say 'thanks for looking out for me,'" said Read.

Read and Erik — who had cancer in his left eye and had to have it removed — have been shipmates since 1999. Erik will soon find new quarters with Read.

The harshness of spending winters aboard the ship, as well as Erik's age mean he must retire.

"Erik, like myself, was fine with it when he was a younger man," said Read.

HEIDE PEARSON/FOR METRO

REFUGEES

'As long as you're Syrian, it's going to be extremely hard'

Majd Agha wasn't sure what he would say to a crowd of reporters gathered outside a newcomer centre under construction in Vancouver.

The 22-year-old Syrian refugee didn't prepare a speech. But still infuriated by news of a Hungarian camerawoman tripping and kicking migrants, he spoke eloquently and firmly about the need for Canada to do more.

"As long as you're Syrian, it's going to be extremely hard for you to come to Canada," he said in an interview at the recent

event.

The Canadian Press has been reaching out to Syrians who arrived here as refugees to tell their stories. Since civil war broke out in 2011, more than four million Syrians have fled the country.

Agha spoke at a construction site at the Immigrant Services Society of British Columbia's Welcome House, a \$24.5-million refugee housing and support centre being built in Vancouver.

The college student knows he was one of the lucky ones. He arrived in Canada in June 2014

with the help of the United Nations Refugee Agency, after an arduous journey that led him to Russia, Lebanon, Turkey and Thailand.

He was among a group of refugees who were stuck in a Thai airport while authorities refused to allow the UN access to interview them. Two months later, authorities relented and the UN moved Agha to the Philippines before bringing him to Canada.

Agha is now studying bioinformatics while working part-time at a Tommy Hilfiger. His

parents and one of his sisters live in Damascus, while another sister lives in Saudi Arabia.

The last time he saw his family was in 2013. They talk occasionally, but the time difference makes it difficult and he fears constantly for their safety, he said.

"It's really hard, especially when you see on the news how dangerous the situation is," he said. "You never know if they're sleeping, or if there's no power or if they're not able to talk to you."

Ideally, Agha said, his family would try to immigrate to Can-

ada. But they do not want to leave their homes permanently — and even if they did, the application would be pointless, he said.

"There's no hope," he said. "The application costs a lot of money, and if you're just going to be denied, then no, it's not worth it."

His family desperately wants to visit him. But their recent \$800 application for a tourist visa was denied, with Canadian authorities citing concerns the family would stay in the country.

The Conservatives pledged on

Saturday to declare all displaced Syrians as refugees and appoint a special co-ordinator to speed up the intake of 10,000 migrants by September 2016.

But Agha, who now sees himself as an advocate for other refugees, called on the government to focus on reuniting families who have been separated.

"I hope they would be able to work this out faster, not only for me but for most people who have families back home," he said.

"Everyone is missing their family." THE CANADIAN PRESS

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Parents need to determine whether their kids have the mental ability to react to an emergency if home by themselves, says Lewis Smith, communications and media program co-ordinator with the Canada Safety Council. ISTOCK

A question of maturity

CHILD CARE

Kids under 10 too young to be home alone: B.C. courts

A B.C. Supreme Court ruling that found an eight-year-old is too young to be left home alone is being supported by some safety experts who say kids aren't fully ready to stay solo at an early age.

The child in the case, known as A.K., was at home unsupervised on weekdays after school between 3 and 5 p.m. while his

mother, B.R., worked. A social worker was made aware of the situation and told B.R. that children under 10 couldn't be alone.

B.R. challenged a supervision order for A.K. in court, arguing kids mature differently and there was no law supporting it.

She lost and the B.C. Supreme Court subsequently upheld the trial judge's ruling that kids under 10 couldn't be safely left unsupervised at home.

The Abbotsford, B.C.-based organization Kidproof Safety offers an At Home Alone program which is recommended for youngsters 10 and up. President Samantha Wilson says many parents have wanted to enrol their eight- and nine-year-olds in the program — a move that is "strongly discouraged."

"A lot of parents think (children are) mature and they're responsible — which could be very true," Wilson says.

"But what we have to remind them is that child still only has eight years of life experience to draw from in case of an emergency or if something happens, which often parents don't think about."

THE CANADIAN PRESS

I'm not even convinced all kids at 10 should be left at home alone.

Samantha Wilson

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UPPERWASH

George's brother burned in accident

What was supposed to be a day of celebration for members of the Kettle Point First Nation was marred by a scene of chaos, anger and pain as the brother of slain protester Dudley George was burned at the side of a gas-soaked protest fire.

Kettle Point members were holding a four-kilometre walk on Sunday from their land, near Sarnia, Ont., to the site of a former army camp that's scheduled to be returned to the band. The

walk was meant to celebrate a \$90 million agreement with Ottawa for the land.

The protesters oppose the new agreement, ratified in a vote by band members, as it returns control of the land to the entire band and not just to the families who lived on it prior to their removal in 1942.

Some descendants of the 16 families from the army camp lands, known as Stoney Point, set a protest fire in front of the

camp gatehouse. Other band members tried to put out the fire with small water containers, and onlookers say Pierre George was trying to pour a portable gas can on the fire to re-ignite it when the can fell and flames rushed up his arms and across his chest.

Some said he caught fire when the can was kicked back at him. Quickly removing his shirt, George was walking and talking to supporters while an ambulance was called.

George was to be taken from a Sarnia hospital to a burn unit in London, Ont., with second-degree burns on his hands, ears, and neck, according to Jesse Oliver, a Stoney Point who helped him set the protest fire. The two set the fire to show not all band members support the agreement.

Ontario Provincial Police say they are investigating the incident. They describe George's burns as serious, but not life-threatening. THE CANADIAN PRESS

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Left-wing win in Greek vote

POLITICS

Alexis Tsipras' Syriza party expected to form coalition

Jubilant supporters of Alexis Tsipras' left-wing Syriza party cheered, waved party flags and danced Sunday after the party comfortably won Greece's third national vote this year despite a rebellion within his party over his acceptance of a painful third international bailout.

With 44 per cent of the vote counted, Syriza stood at 35.5 per cent, with the conservative New Democracy at 28 per cent while the Nazi-inspired Golden Dawn was coming in third with 7.1 per cent, followed closely by the once-mighty socialist PASOK party with 6.3 per cent. Abstention was high, at nearly 45 per cent in an election-weary country with a traditionally high



Alexis Tsipras LEFTERIS PITARAKIS/THE ASSOCIATED PRESS

voter turnout.

Although Syriza was projected as falling short of an absolute majority in the 300-member parliament, Tsipras was expected to form a coalition government with relative ease. His former coalition partner, the small nationalist Independent Greeks, was set to win just above the 3 per cent threshold to enter parliament, while centrist parties have indicated they would

agree to a coalition to ensure repeat elections aren't necessary.

New Democracy head Vangelis Meimarakis conceded defeat and called for a government to be formed quickly.

"The election result appears to be forming comprehensively with Syriza and Mr. Tsipras coming first," Meimarakis said. "I congratulate him and call on him to form the government that is necessary, and bring the (proposal) to parliament."

A total of eight parties appeared set to win parliamentary seats. The new anti-bailout Popular Unity party, formed by rebel Syriza members who objected to Tsipras' agreement to a third bailout for Greece, was projected to fall just shy of the 3 per cent parliamentary threshold.

A tired-looking Tsipras was hugged by party supporters as he arrived at Syriza headquarters, waving to the crowd gathered outside.

THE ASSOCIATED PRESS



Supporters of the left-wing Syriza watch the election results at the party's main electoral centre in Athens, Sunday. Early results showed Syriza taking 35.5 per cent, with the conservative New Democracy at 28 per cent and the Nazi-inspired Golden Dawn coming in third with 7.1 per cent

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Cabinet reshuffled

AUSTRALIA

PM Turnbull boosts female minister count from two to five

Australia's new Prime Minister Malcolm Turnbull on Sunday announced sweeping changes to his first Cabinet and promoted more women, including Australia's first female defence minister.

Turnbull increased the number of female Cabinet ministers from two to five, including Defence Minister Marise Payne.

The government's unpopular chief economics minister, Treasurer Joe Hockey, has been replaced by Social Services Minister Scott Morrison.

The centre-right government's popularity crashed in opinion polls and never recovered after Hockey unveiled his first annual budget in May last year. The budget was widely criticized as unfair toward



Australian Prime Minister Malcolm Turnbull announced his new ministry during a press conference at Parliament House in Canberra, Australia, Sunday. ROB GRIFFITH/THE ASSOCIATED PRESS

the poor, and a hostile Senate blocked key measures.

Turnbull, the former communications minister, replaced his predecessor Tony Abbott as prime minister in a surprise leadership vote of the ruling Liberal Party lawmakers on Monday night.

In challenging Abbott's leadership, Turnbull indirectly attacked Hockey with the criticism that "the government is not successful in providing the economic leadership that we need."

Turnbull said Hockey would quit politics. Abbott was also excluded from the new 21-member Cabinet. Abbott's Cabinet had 19 ministers.

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IN BRIEF**Czech art group hits president below belt**

A Czech art group has replaced the presidential flag over the Prague Castle with a piece of huge red male underwear in a jab at President Milos Zeman. The group known as "Ztohoven" said Sunday it is the proper flag "for a man who is not ashamed of anything." Zeman has expressed a critical view of the migrants coming to Europe and re-

cently came back from a visit to China praising Chinese leaders. "Ztohoven" suggested they chose red underwear because it was the same colour as the Chinese flag. The Czechs have earlier pelted the controversy-prone president with eggs to protest his pro-Russian stance in the Ukraine conflict. Police said three men were detained over Saturday's incident.

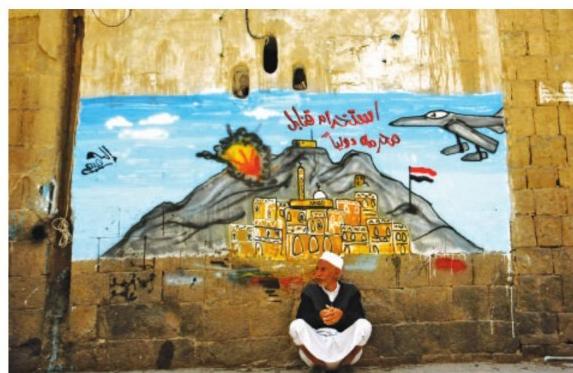
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150 students fall ill from air defence drill smoke

More than 150 students fell ill in northwest China after breathing in smoke from a mock air defence evacuation drill, state media reported Sunday. Smoke was used to make Friday's drill at Yifu Experimental Middle School in Gansu province more realistic, but the volume generated was too large, said the official Xinhua News Agency. Cities across

China, including Beijing and Shanghai, sounded air raid alarms Saturday as part of an annual education day to raise awareness of national defence. The Gansu Daily reported that more than 150 students had been treated, with complaints including coughing, vomiting, fever and bleeding in the digestive tract. It said 142 were still under observation Saturday and nine were in serious condition.

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A man in Yemen's Old City of Sanaa sits under a mural depicting a Saudi-led airstrike on Sanaa with Arabic writing reading, "using bombs internationally banned".

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Rebels in Yemen free hostages

MIDDLE EAST**Captives were from the U.S., Saudi Arabia and Britain**

to exiled President Abed Rabbo Mansour Hadi, as well as southern separatists, local militias and Sunni extremists. The conflict escalated in March as a Saudi-led, U.S.-backed coalition launched an air campaign against the Houthis.

Officials from the Houthi media centre refused to explain why they had detained the hostages, but said at least one of them is a journalist who "entered the country illegally" and "worked without notifying the authorities."

Oman's Foreign Ministry said two Americans, three Saudis and a British citizen were released following mediation efforts by diplomats acting on behalf of Sultan Qaboos bin Said, according to a statement carried by state-run media. It did not elaborate.

Yemen has been torn by a ferocious war pitting the Houthis and forces loyal to a former president against fighters loyal

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Ad blockers hit websites

INTERNET

Chart-topping iPhone app pulled after just over a day

A top iPhone ad-blocking application was pulled from the App Store on Friday by its creator, amid a surge in interest in new programs to thwart marketing messages.

Programmer Marco Arment removed the Peace app after it spent more than a day as the most downloaded paid application at Apple's online shop.

"Achieving this much success with Peace just doesn't feel good, which I didn't anticipate," Arment said in a post at Marco.org.

"Ad blockers come with an important asterisk: While they do benefit a ton of people in major ways, they also hurt some, including many who don't deserve the hit."

The \$2.99 app jumped to the top of the charts after the Wednesday release of updated iOS 9 Apple mobile operating



Apps populate the face of an Apple smartphone. EVAN VUCCI/THE ASSOCIATED PRESS FILE

software that allows the use of programs blocking ads from popping up while visiting websites using Safari web browser.

While blocking ads promised to make surfing the Internet from iPhones or iPads faster and rein in telecom data use, it also sabotages what has long been the main way websites

You are essentially fast-forwarding through the commercials ...

Rob Enderle

make money while providing free content or services.

"Of course, ads pay for properties on the Web," said independent analyst Rob Enderle, of Enderle Group.

"You are essentially fast-forwarding through the commercials the way people do with TV."

Skipping ads is not new, according to the analyst. Ad blockers have been options on desktop computers for some time, but the numbers of people who opt to turn them on have been low.

Meanwhile, mobile lifestyles involving smartphones or tablets have increasingly centred on using apps that sidestep web browsers all together.

Ad-blocking does not apply to apps, which are vetted by Apple before being allowed in the App Store and which come with the ability of Apple to share in revenue generated.

A study last month found that software that blocks online ads is expected to cost websites some \$21.8 billion globally in 2015, and could rise further with the new iOS system, but some analysts questioned the methodology of the report.

A shift to blocking ads could have a silver lining, according to Enderle. Publishers who have been forced to put their content online for free while search engines make money off ads could see the rebirth of subscription models through paid apps.

AFP

IN BRIEF

Online seller launches two-hour delivery

Vancouver-based e-tailer Shoes.com has launched a two-hour delivery service — for a \$19.99 surcharge — for select footwear products purchased on its Canadian site shoeme.ca as late as 4 p.m. The service debuts in Vancouver and Toronto, with plans to expand the offering to Calgary, Edmonton, Montreal and Ottawa by year's end.

THE CANADIAN PRESS

IRS wants more in taxes, interest from Coca-Cola

Coca-Cola says an assessment by the Internal Revenue Service that it owes \$3.3 billion US more in taxes, as well as interest, for 2007 to 2009, is without merit.

The maker of Sprite, Dasani, Powerade and other drinks says the dispute is over how much it should report as taxable income in the U.S., in relation with licensing that allows its foreign affiliates to sell products like soft drink concentrates to bottlers overseas.

THE ASSOCIATED PRESS

WORKPLACE ISSUES

Medical marijuana testing employers

As medical marijuana gains traction as a treatment option for a host of conditions including chronic pain and other conditions, Canadian employers could find themselves grappling with a sticky issue.

"Individuals have the right to equal treatment," says Jan Robinson, managing principal at human resources firm Morneau Shepell. "Medical cannabis now needs to be viewed like every other doctor-prescribed drug."

But although employers have a duty to accommodate

workers' medical conditions, experts say that duty must be balanced with the need to keep the workplace safe. That can be challenging, especially if em-

Cannabis now needs to be viewed like every other doctor-prescribed drug.

Jan Robinson

ployees perform duties such as operating machinery.

"There's no hard or fast rule to this," says Natalie MacDonald, an employment lawyer and the co-founder of Rudner MacDonald LLP. "It's got to be determined on a case-by-case basis — as most things in employment law do."

Experts say the duty to accommodate comes with an important caveat — it must not result in undue hardship for the employer.

While there is no strict defin-

ition of what constitutes undue hardship, MacDonald says the courts will consider a number of factors including how much financial difficulty the company would endure and whether accommodating the employee would compromise workplace safety.

"A small organization that has to incur serious financial hardship as a result of trying to accommodate an employee may cross the test of undue hardship," MacDonald said.

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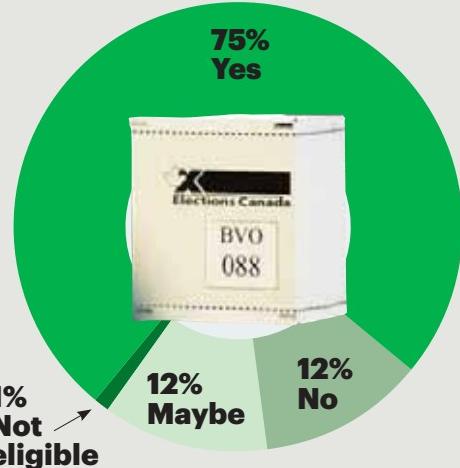
Tests showing popular flushable wipes don't disintegrate have researchers wondering if they're to blame for clogged sewer incidents, or if it's something else (like cooking grease).

Metro MONDAY POLL

Not voting? Excuses, excuses

In the 2011 federal election, 39 per cent of eligible Canadians did not cast a vote. According to Statistics Canada, the most common reasons given were "too busy" and "not interested." We asked our readers why they've neglected their civic duty (and if they might do it again this time around), and what issue is most likely to get them motivated to make it to the polls.

1 Will you cast a vote in the Oct. 19 federal election?



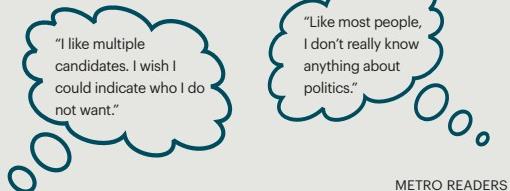
2 Please rank the issues most important to you in this federal election (this is the average rank).

1. Economy/jobs/taxes
2. Environment
3. Poverty and inequality
4. Health care
5. Infrastructure/transit
6. Seniors
7. Law and order
8. Education
9. Democratic reform
10. Global refugee crisis



3 If you're not voting (or you've failed to vote in the past), why?

- 31% I don't like any candidates or parties
- 8% I won't remember
- 8% I don't care
- 8% I will be out of town
- 8% I don't have the right ID
- 4% My vote won't count for anything
- 35% Other reason



METRO READERS

Taxpayers shouldn't foot the bill for CalgaryNEXT

KINGKADE'S CALGARY

Roger Kingkade



This city simply can't generate the same hockey economy they can in, well, downtown Canada.

This past week on my radio show on News Talk 770, I got a chance to speak with Ken King, the president and CEO of the Calgary Flames, about the CalgaryNEXT project — a planned \$900-million arena, fieldhouse and stadium complex in West Village.

My position on this development is pretty straightforward, and it's informed by a few key beliefs. 1) It would be awesome for Calgary to have a sports venue that was built in this millennium. 2) Private business people will seize on opportunities to benefit themselves by way of the government whenever possible. 3) No government should put money into a professional sports stadium.

I appreciate Mr. King drop-

ping by to try to persuade me, but it didn't work. However, it's not my heart or mind that must be swayed. To that end, he made two solid points that I'd like to convey here because they colour the argument a little more clearly for some.

The first point is that the City of Calgary will benefit financially from the venue. The question becomes how much. The answer depends, it seems, on how big a bite the city is willing to take as a partner. As it stands, there are three components to the offer the city would participate in: A com-

munity revitalization levy, a "ticket tax" user-fee loan, and the cash for the fieldhouse. While each component arguably does generate revenue, none is without significant capital outlay. In the case of a \$250-million interest-yielding loan to front the money for the "ticket tax," should the city undertake it, that would make money... down the road. Probably way down the road. In the meantime, it would be gone, along with the \$200-million the fieldhouse would cost. It may be true that in the long run this type of financial arrangement benefits the city. Mind you, in the long run, we'll all be dead.

The second point is that Calgary may just barely be able to support such an initiative. Calgary is not Toronto. And while that is generally a good thing (snark), it's not the preferable hockey market. Start with the signage on the boards that surround the

rink. In Toronto those go for four to five times what they earn in Calgary. This city simply can't generate the same hockey economy they can in, well, downtown Canada.

As I said, it would be awesome for Calgary to have this venue. If it were me pitching it, I'd also identify the city as the first and most likely potential partner in the development. The good news is the city isn't the only option. I'll be interested to see the next approach that includes private investment, a bond issue or a lottery that gives sports fans a chance to pay up front.

Calgary taxpayers shouldn't be on the hook for any investment in CalgaryNEXT. Thankfully, we're not the only potential payer.

Roger Kingkade co-hosts the Kingkade and Breakenridge show every weekday morning from 9 a.m. to noon on NewsTalk 770.

Visit metronews.ca every Friday to have your say.

metroview

Hate your opposing team, but not their fans. Be nice to them.



Jessica Smith Cross
Metro | Toronto

cap and engaged me in a friendly Jays trivia quiz: How many games ahead are they now?

Well, I said, when I got on the plane it was 2.5, but I don't know if the game's over yet because I haven't been able to check the score. But when I last saw, we'd scored five runs in the first inning and were up five-nothing, sir.

That's right, we haven't been in the playoffs since I was nine and, yes sir, I'm very excited.

I was far from the only Jays fan in New York. The stadium was so full of us when we launched into cheers of "Let's Go Blue Jays," the Yankees fans had to work really hard shouting "Let's Go Yankees!" or "U-S-A!" loud enough to drown us out — then turn around, smile, and chat with us about the game we love again.

So hate the Yankees, not their fans. If you're in Toronto this week, please, be nice to them. They were really nice to me.

On the (New York) subway, wearing my Bautista jersey, an excited teenager in a Yankees' cap exclaimed in appreciation, "Girl's got her gear on! Got her gear on!"

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by Jason Logan



Davis makes history with win

EMMY AWARDS

Becomes first black actress to win for lead in a drama

Lisa Weidenfeld
Metro | New York

"The only thing that separates women of colour from anyone else is opportunity," said Viola Davis in her Emmy acceptance speech for outstanding lead in a drama series. "You cannot win an Emmy for roles that are simply not there."

She also quoted Harriet Tubman: "In my mind, I see a line. And over that line, I see green fields and lovely flowers and beautiful white women with their arms stretched out to me over that line, but I can't seem to get there no how."

Awarded for her role in How to Get Away With Murder, Davis became the first black actress to win in this category.

The other big winner of the night was Mad Men actor John Hamm, who won the Emmy for lead actor in a drama. He thanked his ex and their dog in his acceptance speech.

Game of Thrones continued its reign, winning for best drama series, writing and directing, as well as a nod for Peter Dinklage's acting on the show. He credited the show's writers and George R.R. Martin for giving him good material, as well as co-star Lena Headey for pro-



Viola Davis became the first black actress to win for outstanding lead in a drama for *How to Get Away With Murder* at the Emmy Awards on Sunday. THE ASSOCIATED PRESS

viding inspiration as a scene partner.

The night also featured some big winners for the Amazon show *Transparent*, which took home both a directing award for creator Jill Soloway and a best actor award for Jeffrey Tambor. Both of them used the opportunity to speak up for the trans community, with Soloway pointing out that her parent could legally be turned down for renting an apartment in 32 states just for being trans.

Tambor, when his moment

came up, dedicated the award to the transgender community and thanked them for their patience, courage and stories.

One person who sadly went home empty-handed was Amy Poehler, who didn't end up winning in her final year for *Parks and Recreation*. Instead the award went to Julia Louis-Dreyfus for the fourth year in a row for *Veep*. Louis-Dreyfus looked flustered, and jokingly pretended to quote her own show, only to reveal the line "What a great honour it must be

for you to honour me tonight" was actually a Donald Trump quote. *Veep* also earned awards for outstanding comedy series, writing, and Tony Hale took a statue for best supporting actor in a comedy series.

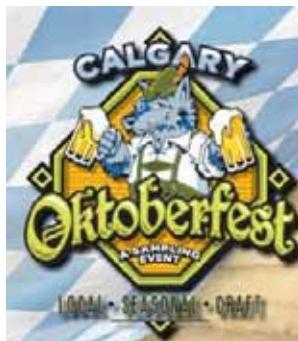
Both Amy Schumer (best sketch series) and Uzo Aduba (best supporting actress) used their speeches to thank a whole list of people, and then finally their sisters.

An early contender for quickest speech went to Frances McDormand, who, after winning

for Olive Kitteridge, said only, "We're all here for the power of a story well told. Sometimes that's enough. Thank you." Kitteridge also took home honours for outstanding limited series, writing and dir-



Laura Prepon in Christian Siriano and Taraji P. Henson wearing Alexander Wang. GETTY IMAGES/THE ASSOCIATED PRESS



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Viet Cong vow to change their name after protests

INDIE ROCK

Musician Owen Pallett offers his take on the controversy

Nichole Jankowski
Metro | Canada

On Saturday, Polaris Prize shortlisted band Viet Cong issued a statement on Facebook announcing — belatedly, for many following the controversy — that they would be changing their name.

"Over this time we've been listening, talking and having lots of valuable conversations with the members of the Vietnamese community about the name," it reads. "Through this dialogue and hearing about what the name means to so many people, we have decided we will be changing the name of our band."

"We don't know what the new name of our band will be," they continue, while noting that they "owe it to our fans to honour the concerts we have booked." They will continue to play and promote their music under the same name for the time being. Four members, four voices — it was not an easy decision, they say.

The post, signed "Matt, Mike, Monty and Danny" acknowledges the hurt and painful reminders their name has caused members of the Vietnamese



QUOTED
"You got the sense that they did want to change the name but that they did not also understand the full gravity of why they needed to do so immediately."

Musician Owen Pallett

Viet Cong say they will be changing their name, but don't know when this will happen. "The plan had been to wait until next year, but frankly this was starting to weigh very heavily on the members and the decision was made without all the moving parts in place," said their manager Ian Russell over email. DAVID WALDMA/HANDOUT

community, but offers no apology.

The statement comes after weeks of maelstrom: Toronto art space Double Double Land's refusal to allow the band to perform in their venue and the false alarm sounded on founder Jon McCurley's wall that the band was going to issue a name change; an article by Hooded Fang's April Aliermo published in Exclaim!, which examines racism appropriation in her own community (the Canadian indie music scene), and our willingness to turn a blind eye;

a further investigation of the debate in Chart Attack and a rumour that the band might make an announcement at Monday's Polaris Prize gala; and the knowledge that musician Owen Pallett and others may speak up at the ceremony.

Pallett, for his part, became involved only because he couldn't ignore the issue any longer. He sent an email to the band to let them know his take and what was at stake: "I'm going to be on mic at Polaris, there's a lot of other people going to be on mic at Polaris and

I can't say nothing about this."

Pallett has since decided not to speak up about the issue at tonight's gala, where he will be honouring nominee Buffy Sainte-Marie. But he's not afraid to make his opinion heard.

"What frustrates me is the apoliticality of the current music scene," Pallett says. "It makes me feel like I am part of a scene that is behind the curve; that is especially insensitive."

"It does reinforce a stereotype of Vietnamese people,"

he says of Viet Cong.

This much the band copes to, in a roundabout way, when explaining how they settled on the name in the first place. Last year, in an interview with Impose Magazine, bassist and vocalist Matthew Flegel, 33, explains the name came from Hollywood films depicting Viet Cong as "badasses."

In an interview with The Guardian early this year, drummer Mike Wallace, 30, recalls Flegel pretending his bass was a gun (this is back around 2012 when the band was formed)

and commenting: "All you need is a rice paddy hat and it would be so Viet Cong."

The members, including guitarists Scott Munro, 32, and Daniel Christiansen, 29, said they were ignorant to the history and have since become aware. They have said they get hate mail with every show. In Ohio, the band had a concert cancelled. The booker issued a public apology to Vietnamese and Vietnamese-American communities.

What their critics have found so frustrating is that in light of this new understanding, the band had until now refused to act.

"If they know they're hurting somebody and then they continue to do it, then they're intending to," says McCurley who feels like his voice, along with others in the Vietnamese community, has been marginalized throughout the controversy.

When asked whether he was pleased about the band's announcement, McCurley replied: "I don't mean to say they haven't done anything yet — they have done something. They wrote a nice letter about how they're keeping it for now."

In a statement to Metro, Ian Russell the band's manager, said that the band will not be releasing another album as Viet Cong. But could offer no timeline for the name change.

"The statement issued yesterday contains pretty much everything that the band can say on the topic," he said via email. "They are in pretty uncharted territory and we'll have to figure it out as they go."

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Making movies for the love of God

WAR ROOM

Christian brothers cash in on the faith of filmgoers

Richard Crouse
For Metro Canada

No less an authority than Variety called War Room filmmakers Alex and Stephen Kendrick the "Steven Spielbergs of Christian cinema."

Modestly budgeted religious dramas Fireproof, Courageous and War Room, which recently unseated Straight Outta Compton to take the top of the U.S. box office and opened in Canada this past weekend, have connected with an audience that feels underserved by traditional Hollywood fare.

"Christians like a well-told story," says Alex on the line from his native Georgia.

"What we don't like is when our saviour's name is abused or taken in vain or



Karen Abercrombie, left, and Priscilla Shirer star in War Room, which is now playing in theatres. CONTRIBUTED

our morals trashed so that keeps us away from many movies. It's amazing to me that if Hollywood knew how many movies we stayed away from on purpose because of some of the offensive aspects, they would change because it means much more money

for them.

"We want well-told stories and that's what we want to do. The only difference is that my brothers and I try to make movies that leave the audience with something more than just entertainment or eye candy.

"We want to leave them with hope and inspiration and a reminder that God is real and he loves them and that he has a plan for their lives. That is what's most important to us, so I think the audience that is responding to War Room is resonating with that."

War Room, the story of a woman who learns to solve marital problems through the power of prayer, is the highest grossing faith-based film since Heaven Is for Real made almost \$100 million last year. "We prayed that it would

We prayed for God to do something extraordinary, and now we're seeing it happen.

War Room filmmaker Alex Kendrick

do something we did not expect. We're hearing so many reports where the people will stay in the theatres or in the hallways of the theatres and pray after they've seen the movie. I'm talking about across racial and denominational lines. It's been extraordinary," says Alex.

The filmmaker says he did not expect the film to be so successful — their previous films rose to approximately No. 4 at the box office.

"We prayed for God to do something extraordinary, and now we're seeing it happen, part of me says we can't be surprised at God, I can only be surprised at a movie on a human level doing this well."



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It's time to face up to your debt: Pt. 2

DEBT

Get real about interest and pay more than the minimum

Gail Vaz-Oxlade
For Metro Canada

Last week I asked you to make a list of your debt and add up what you owe (excluding your mortgage). Remember, this is ALL your debt because you need to get real about what you owe and what it's costing you.

Did you leave anything off your list (other than your mortgage, which is okay)? Did you use your RRSP to make a down payment? On the list! Have you taken home furniture or electronics that you're hoping you'll have the money to pay for with the buy-now-pay-later comes due? On the list! Have you borrowed money from family or friends? On the list!

Every month you make your minimum payments like a good little borrower, and then you pat yourself on the back for making your minimums on time so you have a great credit score. Now it's time to figure out what that debt has been costing you? Why? Because if you don't know, that's why you think it's okay to walk around with all that debt. Seeing what you're spending in interest should be enough to scare you into debt-repayment action.

Back to your debt list. Take the first amount you owe and multiply it by the interest rate and then divide by 100. That gives you how much interest you're paying on that debt in a year. But we want monthly amounts, so you'll have to take that number and divide it by 12.

Here's an example. On a credit card with the \$3,000 balance at 18.9% it's costing $3000 \times 18.9 \div 100 \div 12 = \47.25 a month in interest. Hey, that's not so bad...

Go back to your list of debts and do the interest calculation for everything on your list. Then add up the total amount of interest you're paying every month.

Remember, whatever that amount ends up being, it's not doing a thing to get you out of debt. That's just the interest — the rent you pay on the money you've borrowed.

Making only the minimum payments on debt is a really bad idea. It's

\$ YOUR LIST MIGHT LOOK LIKE THIS

List item	Interest rate	Amount owed	Minimum payment
Credit Card	18.9%	\$3,000	
Department CC	28.8%	\$700	\$120
Consolidation	12%	\$21,000	\$28
Line of Credit	8.5%	\$15,750	\$650
Student Loan	6.5%	\$13,400	\$120
Overdraft	9.75%	\$1,300	\$110
Total Owed: \$55,150			

Total Owed: \$55,150

like being caught in a hamster wheel: you're constantly running, but you never get anywhere.

If the minimum payment on that credit card with the \$3,000 balance was \$65 a month, and of that \$47.25 was going to interest, that means you're only paying \$17.75 a month off the balance. Want to know how long you're going to be paying off that card? Divide the balance you owe by the amount you're actually paying off: $3,000 \div 17.75 = 169$. Yup, 169 months or 14 years! Lord love a duck!

All that time you'd be paying interest, right? Yes, it would be on a declining balance, but still, that's a lot of interest, more than double the amount you originally charged to the card. Sticking with the minimum means those \$160 shoes bought on your credit card would cost you closer to \$480.

Only you can

decide how long you're prepared to take to get out of debt. My rule of thumb is to aim to have your consumer debt paid off in 36 months or less to avoid debt fatigue. (Debt fatigue is what happens to you when you've been in a debt hole for so long you can't even imagine not being in debt. You throw your arms up and happily charge your next vacation because, hey, debt is always there.)

You've already figured out what the monthly interest cost is on each of your consumer debts. Once you've decided on your debt-free date, you simply divide what you owe by the number of months until that date. So if you want to be debt free in 18 months, you would divide each balance you owe by 18 to see how much you have to pay off the principal to get there.

Add your interest cost and you've got your debt repayment amount.

If you need more of a step-by-step, go grab a copy of *Debt-Free Forever* and I'll hold your hand the whole way.

Once you add up all the monthly repayment amounts, if that amount seems overwhelming, don't freeze. Don't throw your arms up and say, "It's impossible." Nothing is impossible if you are determined. How long you're prepared to live in misery is up to you. You can keep mewling about how hard it is to get to even. But while you're whimpering, you're paying a ton of interest too, money that could be better used doing something nice for someone you love: you.

For more money advice, visit Gail's website at gailvazoxlade.com

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Scrubbing your social media

THE INTERNET

Should you care if certain info about you gets out?



**Jessica
Smith Cross**
Metro | Toronto

Photos and video of me in a penis costume dancing down the streets of Niagara Falls were briefly posted to Facebook a few years ago.

Recently, watching candidate after candidate in the federal election apologize and resign over their Internet posts of the past, I've wondered, could my pics surface again? Should I care if they do?

I'd donned the costume to amuse a good friend on her bachelorette party, but I didn't want the colleagues and bosses I'd friended to ever see that side of me. Even though those photos were taken down quickly after they were posted, if any of my friends — or anyone else who snapped many photos that night posted them again — they'd be



Robin Buxton-Potts, who has worked on campaigns at all three levels of government and has political ambitions of her own, says she believes that in the future, people will be more forgiving of politicians saying something in a moment of passion. CONTRIBUTED

out, and if I ran for office they'd be one effective attack ad.

Fortunately, I don't have any political ambitions. I decided to talk to a friend who does — and who wasn't at that bachelorette party — about how she's planning to deal with her Internet life if she decides to take the plunge into politics.

Robin Buxton-Potts has worked on campaigns at all

three levels of government and is currently working on a Liberal campaign — so she's thought a lot about this issue.

She's scrubbed her social media accounts for photos she wouldn't want to get out, but knows that when she was younger she made some comments online that, if found and lifted out of context, could get her into trouble in the political

world. Like most young people, it's too late for her to have never said or been photographed doing anything impolitic in the first place.

But she'll stand by her Internet past if it hits the media one day.

"I don't think that I would want to be in a political system that didn't understand I'm a whole person. I'd like to think

I'd stand behind my comments," she said.

"That's probably a little optimistic and naive of me. But that is the way I'd want to do politics."

With younger people entering politics and running campaigns, she believes we'll all soon have a higher tolerance for people who are changing their minds, and those who say radical things out of passion.

Forgiveness should even extend to those who made racist or homophobic comments in their youth, she said, provided the candidate can really demonstrate that they and their views have changed.

"What's more upsetting to me is when people have made a comment and whether it was taken out of context or not, they apologize for it, rather than try to explain it," she said. "I'd like to think I'd try to contextualize what I was saying and be a little more honestly held to account for it."

Maybe I should apply that philosophy to my penis-costume pics, too.

"I saw those," Buxton-Potts said, laughing. "And it didn't change my opinion of you one little bit."

+ TIPS

What you can learn from this election's turfed candidates on cleansing your Internet presence

1. Both Twitter and Facebook allow you to download your complete profiles. You can sift through your photos, and search for any controversial posts, and then delete them.

2. Do a Google search for your name, nicknames and any aliases you tend to use online, and deal with any comments and posts you've made — and may have forgotten — as you find them. Don't think they won't be found.

3. Look for anger. Anything you said in the heat of the moment — even if it seemed justified at the time — won't look as good out of context in the light of day.

4. Look for humour. Just because you were joking, or being ironic, or thought you were being subtle in some way, doesn't mean you won't get in trouble.

ONLINE BEHAVIOUR

If you wouldn't say it or tweet it, don't write it on LinkedIn



Why most professionals join LinkedIn: to cultivate contacts.

How many LinkedIn members seem to actually use the site: endorsing acquaintances for skills they may or may not possess, posting (but rarely updating) their resumes, forgetting to accept invitations to connect.

And then there are those who hijack the site for a less-professional

purpose: creeping.

Earlier this month, 27-year-old British lawyer Charlotte Proudman found herself at the centre of an Internet uproar when she told off an older colleague for a sexist message he sent via LinkedIn. "This is probably horrendously politically incorrect but that is a stunning picture!!!," wrote 57-year-old Alexander Carter-Silk, a senior barrister at a top London firm. As if three exclamation points weren't enough to prove his admiration, Carter-Silk went on to tell Proudman

that she had the best LinkedIn picture he had ever seen.

She told Carter-Silk that his note constituted "unacceptable and misogynistic behaviour," and explained that this type of unsolicited flirtation sidelines women's professional merits — then screen-grabbed their exchange and posted it to Twitter. In the ensuing viral fallout — as so often happens when a woman publicly confronts sexism — Proudman was labelled a "feminazi" and received multiple death threats. The incident

prompted an important discussion about how women are perceived and addressed in professional contexts. Proudman's less virulent critics have accused her of striking back too hard: Carter-Silk's message was demeaning, they agree, but his very public shaming was too harsh a punishment for the crime.

Carter-Silk probably felt comfortable making his comments because of the medium on which they were sent. He would presumably not have cornered Proudman, a stranger whom

he had never met, in the halls of a courthouse to shower her with three-exclamation-point compliments. As such, he failed a basic LinkedIn litmus test: if your actions would be weird IRL, they're not right for LinkedIn. This story, however, is not just one of LinkedIn line-crossing. Their conversation would never have made headlines if Proudman hadn't posted it. But as Carter-Silk learned, problematic behaviour easily jumps platforms. Not only is it inadvisable to say anything on LinkedIn that you



Charlotte Proudman.
CHARLOTTE PROUDMAN/LINKEDIN

wouldn't say in person — it's inadvisable to say anything you wouldn't want posted on Twitter.

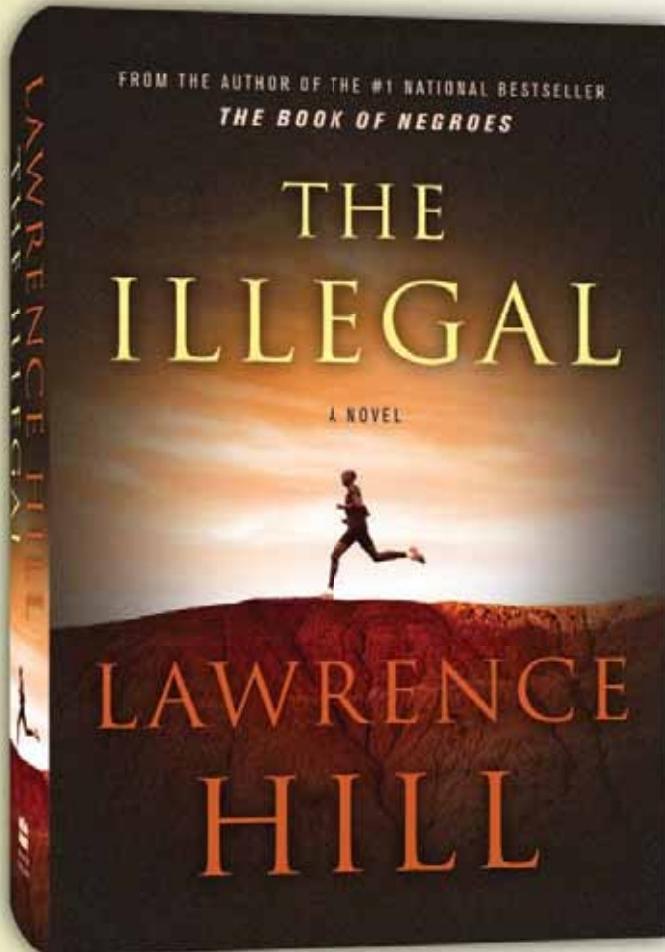
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Bracing for cold and flu season

PUBLIC HEALTH

How bad could this year's flu season be? Here's the intel

Jacqueline Kovacs
For Metro

Sometime after the back-to-school rush has ended and the holiday music starts, it hits: Cold and flu season. Since each year is a little better or worse than the last, you may be wondering what's in store this time around. Turns out, the pros are wondering, too. Kind of.

"It's difficult to predict how much influenza activity there will be," said Dr. Allison McGeer, director of infection control at Toronto's Mount Sinai Hospital.

Influenza accounts for about one-third of influenza-like respiratory infections.

"Last year, we had a really bad season and, on balance, things tend to average out, so you'd expect something milder this year," McGeer said. "But we really don't know."

Over at St. Michael's Hospital, Dr. Matthew P. Muller, medical director of infection prevention

and control, agreed. "In terms of the big picture, we know what will happen every year. In late fall to early winter, the rate of becoming ill with influenza rises rapidly. Then it peaks and tapers off."

But how widespread or severe this year's flu will be remains a nasty unknown.

What both experts do know is that getting the flu vaccine remains one of the best ways to protect yourself — no matter how mild or severe this year's bug will be.

"You're always better off with it than without it," McGeer said. "You'll either avoid the flu altogether, or if you get it, you'll be much less ill."

You will also help keep those who are more vulnerable safe from the illness. Most at risk are the elderly, young children and those whose immune systems are compromised due to such things as HIV/AIDS or chemotherapy.

McGeer said that not everyone gets hit with the flu the same way. While some may be achy and feverish, others may get mild symptoms they could dismiss as a cold. In both cases, you can still spread the virus to family, friends and co-workers.

The bottom line, Muller said, is to be altruistic to those around you and get your flu shot.



It's difficult to predict how severe the flu season will be. So protect yourself. SHUTTERSTOCK



Getting the flu vaccine remains one of the best ways to protect yourself. SHUTTERSTOCK

Protect yourself and others around you

If you take public transit, work with others, shop in busy malls, have kids, go to movie theatres ... in short, if you have any close contact with people, you will be exposed to one of a couple hundred common cold viruses, as well as several main strains of influenza viruses in the coming weeks.

But short of travelling in a sterile bubble, how can you protect yourself? Here's what top infection control experts recommend.

GET THE FLU SHOT

You hear this every year. And in the next breath, someone tells you they got the flu from the shot or got it weeks later, so why bother?

For one, said Dr. Matthew P. Muller, medical director of infection prevention and control at Toronto's St. Michael's Hospital, the influenza viruses in the flu shot are dead and cannot give you the flu. People who



Use hand sanitizer that is at least 60 per cent alcohol. A recent study found a 14 per cent reduction in flu and respiratory illnesses associated with frequent handwashing. SHUTTERSTOCK

KEEP YOUR HANDS CLEAN

Using either soap and water, or a hand sanitizer that is at least 60 per cent alcohol, aim to wash your hands at least five times a day.

"You want to actually be able to remember those five times," said Dr. Allison McGeer, director of infection control at Toronto's Mount Sinai Hospital, adding that a recent study

found a 14 per cent reduction in flu and respiratory illnesses associated with frequent hand washing.

DON'T TOUCH YOUR FACE

You probably don't even realize how often you rub your eyes, scratch your nose, touch your forehead or cheeks.

But, McGeer said, "without thinking, most of us touch our faces about eight times an hour."

And eyes and noses are prime entry points for viruses to leap from our hands and enter our bodies.

WASH THAT WATER BOTTLE

How many times do you reuse a refillable water bottle without washing it?

"Throw it in the dishwasher at the end of the day," McGeer said. "All of these unsanitary habits are associated with increased risk of influenza."

JACQUELINE KOVACS/FOR METRO

GERMS

Avoid the post-party blues

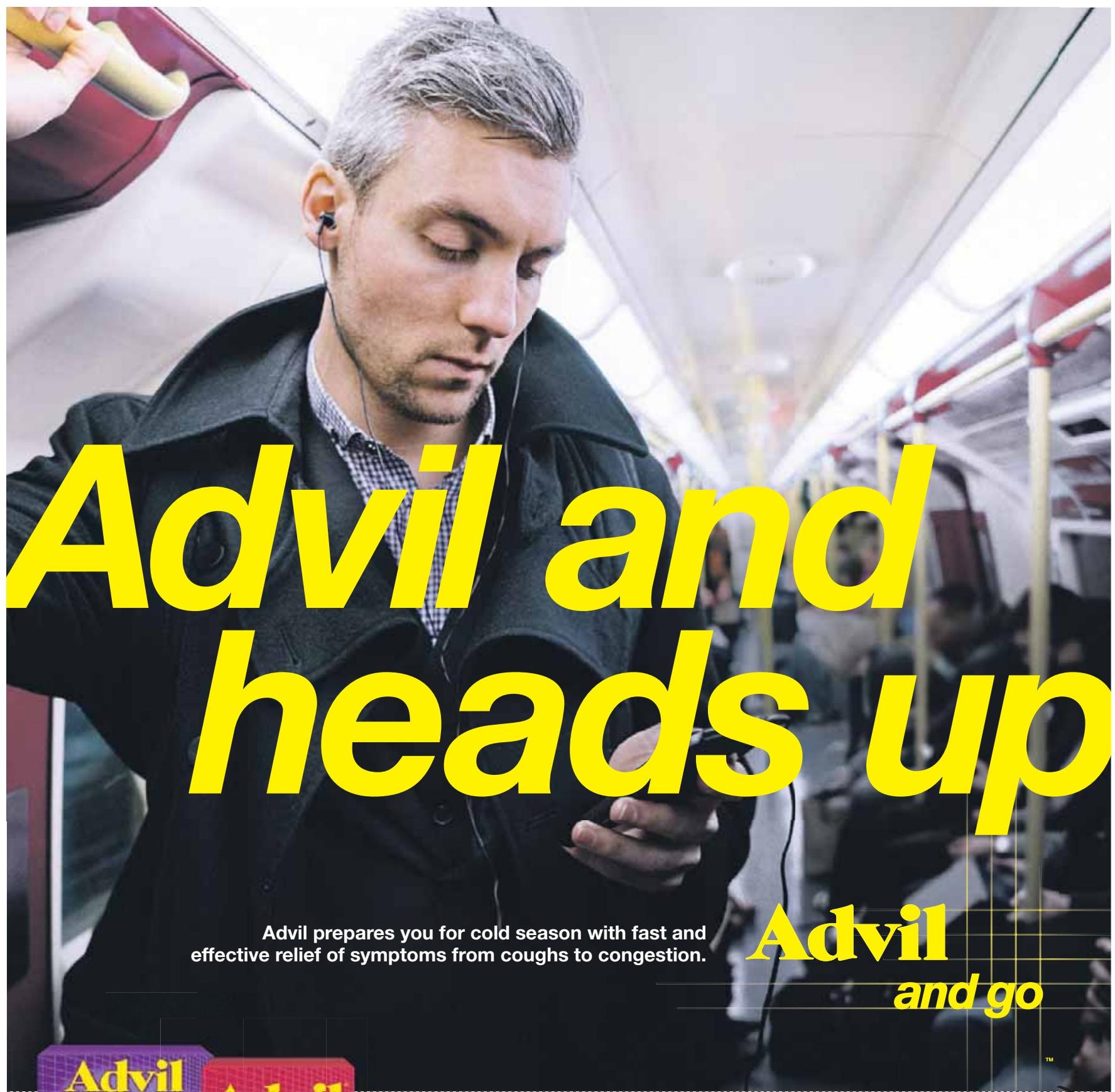
Are you feeling wrecked after that office holiday party? While the glass (or glasses) of cheer may be partly to blame, so might that shared bowl of sweet or savoury treats.

"We see it often enough," said Dr. Matthew P. Muller. "It's a big winter party, there's a bowl of food and everyone is sticking their hands in there."

All it takes is one infected person to get saliva or other droplets onto that shared food and, before you know it, more people are sick, too. What to do?

"Stick to wrapped or packaged foods if you can," he said. "Or put a scoop in the bowl and have paper plates available."

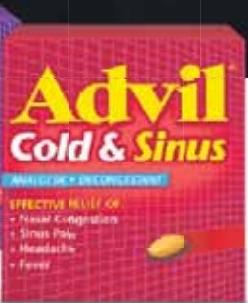
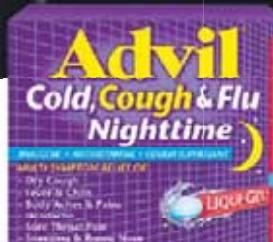
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metro SPORTS

Your essential daily news



Pau Gasol scored 25 points as Spain beat Lithuania 80-63 to regain the Eurobasket title

Rare blunders from Jays allow Red Sox to succeed

MLB

Solid defence shows cracks, Toronto's lead at top narrowed

The Toronto Blue Jays' usually smooth defence was due for a misfire. Toronto had three errors and other defensive miscues as the Boston Red Sox rallied past the Blue Jays 4-3 on Sunday afternoon, their second straight loss.

"We've been playing outstanding defence so we're due for a clunker like this," said starting pitcher Mark Buehrle, who was charged with an error in the fourth inning. "We've just got to come back tomorrow and be ready for the Yankees."

The Blue Jays open a crucial three-game set with the New York Yankees on Monday in Toronto. Sunday's loss narrowed the Blue Jays' lead over New York in the American League East standings to three games before the Yankees' game against the Mets.

Buehrle, who has won four Gold Gloves (2009-12), pitched six solid innings, giving up eight

SUNDAY In Toronto

4
REDSOX **3**
BLUEJAYS

hits and three runs. Relievers Liam Hendriks, Brett Cecil, Mark Lowe and LaTroy Hawkins all came out of Toronto's bullpen.

Lowe allowed Pablo Sandoval's decisive run for the Red Sox (71-77), although he had reached base on an error by Cecil (3-5), who earned the loss as a result.

"Unfortunately, a lot of things didn't go our way," said catcher Dioner Navarro. "But we've got to go through that adversity. We'll be alright."

Navarro had a home run for Toronto (85-64), while Ben Revere had an RBI single. Jackie Bradley Jr. drove in Sandoval with a sacrifice fly to deep centre field for the winning run in the eighth inning. Outfielder Kevin Pillar made an impressive throw to try to get Sandoval out at home, but the ball skidded on the hop to Navarro and bounced away.

Russell Martin, pinch hitting for shortstop Ryan Goins in the ninth, brought the 46,743 in



Dalton Pompey slides back to first on a pick-off attempt during Sunday's game at Rogers Centre. STEVE RUSSELL/TORSTAR NEWS SERVICE

attendance to their feet with a two-out double, but that was as close as Toronto got to tying the game and forcing extra innings.

Rich Hill (1-0), making his second MLB start since 2009, struck out 10, giving up seven hits and three runs over seven innings for Boston. Noe Ramirez pitched an inning of scoreless relief before Robbie Ross Jr. came in for the save.

Navarro put the Blue Jays ahead 2-0 with a two-run shot just to the right of the left-field

foul pole. He drove in Edwin Encarnacion who had led off the second inning with a single to left field.

Toronto continued to rally after Navarro's homer, as Kevin Pillar reached base on a dribbler to first, sliding into the base. Goins then hit a single and Revere made it 3-0 with a single that plated Pillar.

Xander Bogaerts' smart base running chipped away at Toronto's lead, scoring on an error charged to Buehrle. David Ortiz

had grounded out to first baseman Chris Colabello, with Buehrle covering the bag. Bogaerts ran to third base when he realized none of the Blue Jays were covering it and Buehrle's throw bounded past Josh Donaldson into foul territory, allowing the Red Sox shortstop to score.

Boston's Travis Shaw tied it at 3-3 with an RBI single in the fifth inning, driving in Mookie Betts and Bogaerts with a hit to shallow left field.

THE CANADIAN PRESS

IN BRIEF

Pirates edge Dodgers to close in on wild-card spot

Starling Marte hit a tying home run off Mike Bolsinger, Pedro Alvarez had a go-ahead homer and the Pittsburgh Pirates beat the Los Angeles Dodgers 4-3 Sunday to open a two-game lead over the Chicago Cubs for the NL's first wild-card berth.

Gerrit Cole (17-8) allowed three runs and six hits in seven innings and struck out nine, improving to 3-0 in four career starts against Los Angeles. Tony Watson and Mark Melancon followed with perfect innings of relief, and Melancon got his 48th save in 50 chances.

THE ASSOCIATED PRESS

Oilers bolster defence by re-signing Swede Klefbom

The Edmonton Oilers moved to solidify their defence over the long term Sunday, signing blue-liner Oscar Klefbom to a seven-year contract extension.

The deal, which begins after 2015-16, is worth a reported \$4 million a season for the 22-year-old from Karlstad, Sweden.

"This is what you dream for. You want to write this kind of a deal when you're a small kid," Klefbom told reporters after practice at the Leduc Recreation Centre. Klefbom, a first-round draft pick of the Oilers in 2011, has played just 77 games over the last two seasons in the NHL. THE CANADIAN PRESS



We've been playing outstanding defence so we're due for a clunker like this.

Toronto Blue Jays starting pitcher Mark Buehrle

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Cowboys lose Tony Romo, beat Eagles



The Eagles' Connor Barwin tackles the Cowboys' Tony Romo during Sunday's game. MICHAEL PEREZ/THE ASSOCIATED PRESS

NFL

Star QB joins Dez Bryant on injured list

No Romo. No Dez. No problem.

Tony Romo joined Dez Bryant on the injured list with a broken left collarbone, but the Dallas Cowboys shut down DeMarco Murray and beat the Philadelphia Eagles 20-10 on Sunday.

"I'll be back," Romo said. "It's going to take a little bit of time. It's a broken bone. It is what it is. Our team played great. I'm proud we got this win. It's not an easy place to come in and win. We'll hopefully get a few more and we'll get ready to go."

Kyle Wilber returned a blocked punt 26 yards for touchdown, Brandon Weeden threw a 42-yard touchdown pass to Terrance Williams and

the Cowboys (2-0) overcame a franchise-record 18 penalties in their 10th consecutive road win.

It's a costly victory for Dallas, however.

Romo suffered a similar injury in Week 7 in 2010 and missed the rest of the season.

The team said he'll be evaluated on Monday. Weeden is 5-16 as a starter, including 0-1 for the Cowboys. He finished 7 of 7 for 73 yards.

Dallas already lost Bryant last week. The All-Pro receiver will miss at least six weeks after having foot surgery.

"Key thing is we get to have him at the end of the season," Cowboys owner Jerry Jones said of Romo.

"Physically, he has such focus and he understands his body. If it's possible to get back, he'll do it. No one has greater appreciation for what we can do than him." THE ASSOCIATED PRESS

CFL

Stampeders protect perfect home record

The Calgary Stampeders' defence exploited the B.C. Lions' quarterback woes in a 35-23 win Friday.

With Travis Lulay on the six-game injured list with a sprained knee and backup John Beck knocked out of Friday's game in the second quarter, the Stampeders backfield made life hard for third-stringer Jonathon Jennings in his CFL debut.

The score tied at 21-all early in the fourth quarter, the Stampeders kept the Lions out of the end zone, while Calgary's stalled offence got back on track.

Over the final five minutes of the game, Keon Raymond twice intercepted Jennings throwing to the end zone and Jamar Wall brought down B.C. receiver Manny Arceneaux just outside the goal line to force a turnover on downs.

"For you to take points out of that end zone, it takes their heart away; it takes the life out of them," Raymond said.

Calgary stayed unbeaten at McMahon Stadium this season at 7-0 and improved to 9-3 atop the CFL's West Division. The Lions dropped to 4-7 with a second loss in a row.

"Our mindset right now is to



The Lions' Marco Iannuzzi takes a hit from the Stamps' Fred Bennett on Friday.

JEFF MCINTOSH/THE CANADIAN PRESS

OTT VS. SASK

Henry Burris threw for 477 yards and two touchdowns and Chris Milo kicked the go-ahead field goal with six seconds remaining as the Ottawa Redblacks beat the host Saskatchewan Roughriders 30-27 on Saturday.

continue to stay in first place and get better towards playoffs," Raymond said.

THE CANADIAN PRESS

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RUGBY WORLD CUP

Apprehensive All Blacks survive Argentina

As statements go, New Zealand's was less than convincing as the most experienced test team ever seen was given a serious scare by Argentina before prevailing 26-16 in its opening match of its Rugby World Cup defence on Sunday.

The All Blacks looked vulnerable as they lost the plot in the face of a fiercely ambitious Argentina side unimpressed by the famous jersey and famous faces.

OPENING WEEKEND

Japan turned its first matchup with mighty South Africa into the biggest shock in Rugby World Cup history on Saturday

when the 1,000-1 no-hoppers won 34-32.

Also on Saturday, Canada was thumped in its opener, 50-7 by Ireland.

This was supposed to be a relatively comfortable opener for the All Blacks, who have never lost to the Pumas and

beat them 39-18 in July.

But familiarity with the All Blacks from playing them twice a year has bred in the

Pumas belief that they are not far behind the world champions.

Such was the effort by Argentina, to lead into half-time and until the end of the third quarter, that it drew a standing ovation at full-time from the Wembley crowd of 89,019 in London, exceeding the 2003 final in Sydney as the biggest ever to watch a Rugby World Cup game.

THE ASSOCIATED PRESS



Anthony Martial has three goals in his first two BPL matches.

TIM IRELAND/THE ASSOCIATED PRESS

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Martial's arts trump Saints

PREMIER LEAGUE

United rallies to beat Saints; Canaries hold hosts Liverpool

At this rate, Anthony Martial might be a bargain.

Martial continued to repay the hefty fee Manchester United paid Monaco for him by scoring twice to spearhead a 3-2 win over Southampton in the Premier League on Sunday. Martial became the most expensive teenager ever in a deal that raised eyebrows on deadline day, but now has three goals in two league games.

"I have to say he is doing great," United manager Louis Van Gaal said. "He has the talent for it but when you are 19, you cannot expect consistency. Mostly they shall have dips. So that, I expect, but that is not a big problem for me. He has adapted to the system, that is important."

Danny Ings scored his first goal for Liverpool but couldn't prevent his team from extending its winless streak in the league to four games after a 1-1 draw against Norwich at Anfield — despite Daniel Sturridge returning after a lengthy injury layoff. In

the day's early game, Son Heung-min netted his first league goal to give Tottenham a 1-0 win over Crystal Palace.

At St. Mary's stadium, United went behind after a strike by Graziano Pelle, but Martial equalized with his first chance in the 34th minute. Juan Mata lost the ball when he was tackled by Maya Yoshida and Martial capitalized, spinning strongly away from Virgil van Dijk before slotting a shot past Maarten Stekelenburg.

Five minutes into the second half, Martial was gifted his second.

Yoshida drastically under-hit a pass back to his goalkeeper and Martial collected the ball and clinically threaded the ball into Stekelenburg's far corner.

Pelle pulled one back for Southampton, but David De Gea helped United hold on.

In Liverpool, Christian Benteke lasted 45 minutes alongside Sturridge before being replaced by Ings at halftime due to a tight hamstring.

"It is disappointing and frustrating not to get the three points," Rodgers said. "We didn't pass the ball well in the first half but second half we created more opportunities. We had chances to win the game but didn't take them." THE ASSOCIATED PRESS

BPL TABLE

	W-D-L	PTS	Norwich	2-2-2	8
Man City	5-0-1	15	West Brom	2-2-2	8
Man Utd	4-1-1	13	Liverpool	2-2-2	8
West Ham	4-0-2	12	B'mouth	2-1-3	7
Leicester	3-3-0	12	Chelsea	2-1-3	7
Arsenal	3-1-2	10	S'hampton	1-3-2	6
Everton	2-3-1	9	Aston Villa	1-1-4	4
Swansea	2-3-1	9	Stoke City	0-3-3	3
Palace	3-0-3	9	Newcastle	0-2-4	2
Tottenham	2-3-1	9	Sunderland	0-2-4	2
Watford	2-3-1	9			

Top 4 qualify for Champions League

RECIPE Chocolate Ginger Banana Bread


Recipe serves 12
Ready in

Prep time: 40 minutes
Cook time: 20 minutes

Ingredients

- 2 cups all-purpose flour
- 1 teaspoon baking soda
- 1/2 teaspoon salt
- 3/4 cup semi-sweet chocolate chips
- 1/2 cup chopped crystallized ginger
- 1/2 cup (1 stick) unsalted butter, room temperature
- 3/4 cup sugar
- 2 large eggs
- 1 teaspoon vanilla extract
- 2 large very ripe bananas, peeled and mashed (about 1 cup mashed)
- 1/2 cup sour cream or plain Greek yogurt

Directions

1. Heat the oven to 350 F. Butter or coat with cooking spray

a 9-by-5-inch loaf pan.
2. In a small bowl, mix together the flour, baking soda and salt. Mix in the chocolate and the ginger.
3. In a large bowl, use an electric mixer to beat together the butter and sugar until light and fluffy, about 2 minutes. Beat in the eggs, one at a time, then add the vanilla. Blend in the mashed bananas and sour cream.
4. Switch to a wooden spoon and add the flour mixture in batches to the wet mixture, mixing just until each addition is incorporated. At the end, the batter should be barely blended (it will be thick). Transfer the mixture to the prepared loaf pan. Bake until a toothpick or wooden skewer inserted at the centre comes out clean, 40 to 50 minutes. Cool in the pan on a wire rack for 10 minutes, then turn the loaf out of the pan and finishing cooling upright on the wire rack.

THE ASSOCIATED PRESS

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



* IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
You may be a bit behind in your workload, but there is still time to catch up. Make a start right this moment and you will be well on top of things again!

Taurus April 21 - May 21
You have been in tune with the spirit of the times of late but all good things must end and later in the week things could get a bit confusing. Today though, you decide what is the most fun thing you could be doing.

Gemini May 22 - June 21
No one has the right to interfere in your affairs but certain people will continue to do so unless and until you tell them to mind their own business.

Cancer June 22 - July 23
You may be eager to find out what is going on behind the scenes, but don't let others think you are desperate or they will keep you in the dark even more, just for the fun of it.

Leo July 24 - Aug. 23
The Sun remains in the money area of your chart only until Wednesday, so you need to get your act together. There is still time to put your affairs in order and work out how you are going to make up for recent losses.

Virgo Aug. 24 - Sept. 23
Before you accept a promotion of some kind ask yourself if it is what you really desire, because if you change your mind later important people won't be too happy with you. Only ever do what feels comfortable.

Libra Sept. 24 - Oct. 23
There are so many new things you want to do but, for one reason or another, you have not been able to make a start on them. When the Sun enters your sign on Wednesday you will at last get the green light.

Scorpio Oct. 24 - Nov. 22
You won't be in a forgiving mood today, but if you are wise you will bite your tongue and not say anything hurtful. Give them that Scorpio "look" instead — they'll get the message.

Sagittarius Nov. 23 - Dec. 21
Don't worry too much if you are still waiting impatiently for things to happen because what occurs over the next few days will kick-start the rest of your year.

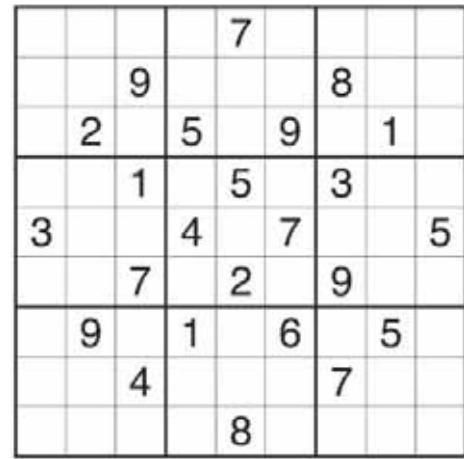
Capricorn Dec. 22 - Jan. 20
Over the coming week you will find that your responsibilities get a bit heavier as loved ones come to rely on you more and employers and other important people add to your workload.

Aquarius Jan. 21 - Feb. 19
Your best course of action now is to be as open and honest as you possibly can be, even if your first instinct is to clam up completely and keep what you know to yourself.

Pisces Feb. 20 - March 20
Recent cosmic activity in your opposite sign of Virgo has just about finished its job of toughening you up emotionally and soon you will be able to focus on more enjoyable things.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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